

# FIRE SERVICE WOMEN ONTARIO

# CONFERENCE AND AGM REGISTRATION 2013 Personal Information:

	PERSONA	T I	NFORMATION:	
Name:				
Address:				
Phone Nun	nber(s):			
Email:				
Organization	Name/Title (FD or other):			
Accommod	lation Choice (See below):			
Worksho	P/HOT CLASS SELECTI	ON	S: (options and descriptions below)	
FRIDAY	1 <sup>st</sup> Choice		2 <sup>ND</sup> CHOICE	
13:00				
15:00				]
SATURDAY	1 <sup>st</sup> Choice		2 <sup>ND</sup> CHOICE	_
8:00				-
10:00				-
13:00				-
15:00				-
Print Name: _				J
Signature: _				
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Date:				

**INSTRUCTIONS** - Please choose from the class options below. You may choose 1 x 4 hour or 2 x 2 hour sessions per morning or afternoon (HOT classes are 4 hours unless otherwise posted). Please give a first and second choice, courses will be filled as registrations are received.

We strongly recommend taking part in our expanded Professional Development Workshops, delivered by experts in their fields of study. Most HOT Classes are reserved for Suppression Division members only. Please enquire.

# HOT CLASS/PROFESSIONAL DEVELOPMENT WORKSHOP OPTIONS

HOT Classes	Classroom Workshops	
FRIDAY, NOVE	MBER 1, 2013	
13:00	13:00	
1. Firefighter Survival–Lisa Belanger	No Classroom Workshops scheduled for Friday afternoon	
2. Firefighter Basics - Tracy Jacques & Deryn Ricci		
3. Fire Scene Assessment - Andrea Gaynor		
4. Solar Panels (2hrs) - Ken Benoit		
5. Forcible Entry (2hrs) - Cyndy Hammond		
15:00		
1. Power Saws Roof Ventilation (2hrs) – Andy Blair		
2. HazMat (2 hrs) – Cyndy Hammond		
SATURDAY, NOV	VEMBER 2, 2013	
8:00	8:00	
1. Firefighter Survival – Lisa Belanger	1. Sexism in the Fire Service, When I Doubt Myself	
2. Firefighter Basics - Tracy Jacques & Deryn Ricci	and Others – Jona Olsson	
3. Fire Scene Assessment – Andrea Gaynor	2. Gender Socialization & Its Role in the Fire	
4. Solar Panels (2hrs) - Ken Benoit	Service - AnnaLise Trudell/Jennifer Chisholm	
5. Forcible Entry (2hrs) – Cyndy Hammond		
	4. Strength and Conditioning for the Long Career – Maria Mountain	
10:00	10:00	
1. Power Saws Roof Ventilation (2hrs)- Andy Blair	1. Work with Me – The Blind Spots Between Men	
2. HazMat (2 hrs) – Cyndy Hammond	and Women at Work – Barbara Annis	
	2. Confidence in Enforcement and Investigations – Nancy McDonald Duncan	
	3. Circle of Fire – Jennifer Pernfuss/Karen Simpson	
13:00	13:00	
No HOT Classes scheduled for Saturday afternoon	1. Gender Socialization and Its Role in the Fire Service – AnnaLise Trudell/Jennifer Chisholm	
	2. Women's HealthCare – TBA	
	3. Leadership and Inclusion – Jona Olsson	
	15:00	
	1. Sexism in the Fire Service, When I Doubt Myself and Others – Jona Olsson	
	2. Confidence in Enforcement and Investigations – Nancy McDonald Duncan	
	3. Strength and Conditioning for a Long Career –	
	Maria Mountain	

# **CONFERENCE FEE - \$225**

Includes: All meals, snacks, classes and workshops

Accommodation Choice: Please indicate above "Dorm Room" or "Own Accommodations"

- Earlybird Incentive 100 dorm rooms available at the Ontario Fire College at no cost; filled on a first come, first served basis
  - o For hotel information, please see <a href="https://www.fswo.ca">www.fswo.ca</a>

### **INSTRUCTIONS**

- 1. Read instructions and make course selections as described.
- 2. Print page one of this document as well as, "Consent, Assumption of Risk and Indemnity Waiver", and "Media Waiver"
- 3. Fill in all pertinent information (personal information, HOT class and Workshop choices, sign and date all forms)
- 4. Payment can be made via paypal at <a href="https://www.fswo.ca">www.fswo.ca</a> or cheque
- 5. If paying via paypal, please print your invoice/proof of payment and send it with your registration form.
- 6. If paying via paypal, you may scan and email your registration form to <a href="mailto:fswontario@gmail.com">fswontario@gmail.com</a>

OR mail to (complete with cheque, money order, or proof of payment)

**Fire Service Women Ontario** 

2902 Haughton Avenue Ottawa, ON K2B 6Z5

REGISTRATION WILL BE CONSIDERED COMPLETE WHEN FORMS AND PAYMENT ARE RECEIVED. YOU WILL BE NOTIFIED UPON RECEIPT.

Please send questions or concerns to:

fswontario@gmail.com

# FIRE SERVICE WOMEN ONTARIO 3rd Annual Conference & General Meeting

# **OVERVIEW**

#### Friday, November 1

12:00 - 13:00 Registration

12:00 - 13:00 Lunch - Dining Room, Main Building

13:00 - 17:00 HOT (Hands On Training) Classes - Fire Ground

18:00 - 19:00 Dinner - Dining Room, Main Building

19:00 – 21:00 Open Ceremonies – Auditorium A/B

- Keynote Speaker, Barbara Annis

# Saturday, November 2

07:00 - 08:00 Registration

07:30 - 08:00 Continental "Grab and Go" Breakfast

08:00 - 12:00 HOT (Hands On Training) Classes - Fire Ground

08:00 - 12:00 Professional Development Workshops - Classroom

12:00 - 13:00 Lunch - Dining Room

13:00 - 17:00 Professional Development Workshops - Classroom

17:00 – 18:00 Lounge is open for "Refreshments"

18:00 - 20:00 Dinner/Social Night

#### Sunday, November 3

08:00 - 09:00 Continental Breakfast - Dining Room

09:00 - 11:00 FSWO Annual General Meeting and Elections - Auditorium A/B

#### MAP TO ONTARIO FIRE COLLEGE



# PROFESSIONAL DEVELOPMENT WORKSHOPS AND PRESENTERS

#### **BARBARA ANNIS**

#### "Work With Me - The Blind Spots Between Men and Women at Work"

In this session, Barbara explains the miscommunications and misunderstandings that exist between men and women at work and the ways to move past them. She applies brain-based research to her methods for both genders to experience success and happiness in the workplace.

Barbara is a world renowned expert on Inclusive Leadership, Cultural and Gender Intelligence, advocating the value and practice of this new type of Leadership in Fortune 500 companies and numerous organizations worldwide. She has been featured on ABC, CBS, NBC and CTV.

#### **IONA OLSSON**

#### "Sexism In the Fire Service - When I Doubt Myself and Others"

This session is interactive and examines participants' internalized sexism. Most female responders have overcome sexist comments, behaviours, and policies that challenged them on the path to their current positions, but can still be held back or feel left behind. Jona highlights that a lifetime of sexist messages can cause competent people to doubt their own judgment, competence and leadership capacity.

#### "Leadership and Inclusion"

- Description to come

Jona is the founder and director of the company, Cultural Bridges to Justice, which offers cultural diversity programs for non-profit organizations in the U.S. and U.K. She is also a regulator presenter and trainer for the IAFF, IAFC, iWomen and a number of fire services in the United States and Canada. Jona was name the IAFC's Volunteer Chief of the Year in 2012.

#### AnnaLise Trudell and Jennifer Chisholm

#### "Gender Socialization and Its Role in the Fire Service"

This presentation will explore the cultural dynamics that shape your everyday experience as a gendered person. We will look at how women and men are socialized into specific gender roles, including dominant ways of doing 'masculinity' and what is required of us to remain 'feminine'. We will make the link between gender norms that we have internalized, and how gender socialization affects who seeks to become a firefighter, how women and men behave once in the fire service, and the public image of the fire service.

AnnaLise is currently in the third year of her PhD in Women's Studies at Western University. Her research is focused on community programs aimed at girls' empowerment and leadership. In addition, AnnaLise is a program coordinator at Sexual Assault Center London. She is also the Project Coordinator for the development and implementation of a training program aimed at addressing human trafficking in London and Middlesex County.

Jennifer is currently in the fifth year of her PhD in Women's Studies and Feminist Research at Western University. Her research is focused on pregnancy and motherhood, discussing the impact of the technology of 3D ultrasound on women's experiences with pregnancy. In addition to her research, Jen teaches undergraduate courses in Women's Studies, including Introduction to Women's Studies; Gender, Justice and Change

#### MARIA MOUNTAIN

#### "Strength and Conditioning for a Long Career"

This session will look at some of the myths and facts surrounding women's strength and conditioning; gaining muscle, losing fat, barriers to fitness because of age, nutrition, sleep, etc. Maria will also be providing training solutions online for FSWO members.

Maria has a Masters in Science in Kinesiology from the University of Western Ontario and is a Certified Strength and Conditioning Specialist. Maria trains athletes of all levels to achieve their maximum potential. Canada's 2010 Olympic Gold Medallist in Ice Dancing, Scott Moir and Tessa Virtue are among her clientele.

#### NANCY MACDONALD AND JANA GILLIS

#### "Confidence in Enforcement and Investigations"

This presentation will provide insight and overview on the court process and will include prosecutorial discretion. Topics to be covered with include "The importance of Notes" and "how to project your professionalism and integrity on the stand".

Nancy is a Program Specialist – Prosecutions with the Office of the Fire Marshal. Prior to working for the OFM, Nancy had over ten years experience as a Prosecutor with the Niagara Region in addition to working for a private law firm in St. Catharines for close to fifteen years. Coming to the OFM, she brought both legal training and experience having prosecuted more Fire Code violations than any other prosecutor in Ontario. Adding to her hands-on experience and training, Nancy left the OFM for one year and was employed as Chief Fire Prevention Officer with the City of St. Catharines. In June of 2012, Nancy returned to the OFM and in addition to providing ongoing advice and assistance to the fire services regarding enforcement of the Fire Code, she has co-facilitated the new Fire Safety and Enforcement Technical Guideline across the province with Jana Gillis, Instructor at the Fire College.

Jana Gillis is an Instructor at the Ontario Fire College coordinating and delivering courses and seminars for the Fire Prevention Officers' Diploma program. Prior to joining the Office of the Fire Marshal in 2005, she was a member of the St. Catharines Fire Services, Fire Prevention Division, conducting fire inspections, fire investigations and public education. Jana is a certified Fire Prevention Officer, Training Officer and Public Fire and Life Safety Educator.

#### **TBA**

"Women's Healthcare"